

Lilliput Surgery

HEALTH CHAMPIONS MENU

Health Champions work with Lilliput Surgery staff to offer patients extra support, information & fun! Let us know what you might be interested in and complete your contact details below and a friendly Health Champion will be in touch!

PART 1 – I am interested in receiving more information about the following:

- Telephone Support – A friendly voice on the end of the line
- Having a stroll with others in your local area
- Being part of an arts and crafts group
- Social events, conversation and fun! – Join one of our friendly gatherings!
- Coping with loss – You don't need to feel alone
- Signposting – information on local services, charities and support
- Referral to self-management coaching or social prescribing appointment
- Something else? – do you have any ideas about other things Health Champions might be able to arrange or support you with? If so let us know!

PART 2 – I understand that the details I give will be passed on to Lilliput Surgery Health Champions who will contact me with the information I have requested. I understand that my information will not be used for any other purposes.

Signed:

Date:

Name:

Contact Number/email address: